

The Felix Food Fight Lesson 8 – Composting and spreading the word

Learning objective(s) I am discussing the impact of my own choices and spreading the word.	
Success criteria <ul style="list-style-type: none"> <i>I can discuss the impact of the learning I have done and choices I have made.</i> <i>I can participate in a group discussion.</i> <i>I can identify ways of reducing food waste in school.</i> 	
Resources <ul style="list-style-type: none"> PowerPoint slides Discussion prompts Whiteboards or paper for initial jottings 	Key vocabulary <ul style="list-style-type: none"> Food waste Compost
Lesson starter (5 mins)	<p>Show children the food waste pyramid and remind them what each section means.</p> <p>Ask them to think 3 different ways an individual can reduce their food waste and discuss which section of the food waste pyramid it relates to.</p>
Main teaching and learning task (30 mins)	<p>Spend time discussing the children's Food Diaries and ask the following questions:</p> <ul style="list-style-type: none"> Can you share what you recorded? What did you notice? Were you surprised by anything? Did you notice any patterns? What do you think you could change? <p>The children have spent a few weeks keeping track of their food waste so this is an important time to share successes and discuss the impact of the choices they have made.</p> <p>Discuss the different ways of reducing food waste that the children have tried at home and remind them of any of the ways they might have forgotten.</p> <p>Pose the question; What happens to the food that I can't use in these ways?</p> <p>Explain that a final resort, to avoid throwing food in the bin, is composting. Ask the children if they know what this means or if they have seen a compost bin before. Explain that composting is the act of collecting and storing plant material so it can decay and be added to soil to improve its quality. Composting means less waste goes to landfills.</p> <p>Give the children a few minutes to re-tell the process of composting to their partner.</p>



	<p>Explain that we now have a full rucksack of ways to reduce our own food waste habits. But what about when we are in school? Do the same rules apply? Share statistics about food waste in schools in the UK.</p> <p>Tell the children that we are going to try to broaden the impact of our learning by making some changes in school. We will share the ideas from today's discussion with the head teacher/ school council.</p>
Activity (20 mins)	<p>On tables, children discuss 3 key changes that they think the school should make to reduce the food waste.</p> <p>Remind them about the rules of discussion and explain that we will need to be creative, collaborative, critical and caring team members.</p> <p>One child can be given the role of scribe.</p> <p>Language of discussion prompts to support LA children.</p> <p>Regroup and have a class discussion. Decide on 3-4 ideas to feedback to head teacher/school council to involve whole school in food waste project. Some examples include:</p> <ul style="list-style-type: none"> • Composting bin in dinner hall • Compost bins in playground for fruit • Pre-planned school dinners so excess food is not cooked
Plenary (5 mins)	<p>End of unit reflection:</p> <ul style="list-style-type: none"> • What do I know now that I didn't know before? • What am I most proud of? • Was there anything I struggled with? • What will I do to spread the word further?
Suggested follow up activities <ul style="list-style-type: none"> • Plan a class assembly for children to share their learning with the whole school. • Invite a member of kitchen team, of SLT or head teacher in to class to listen to the children's ideas • Create a 'food waste working party' as part of school council to share ideas and implement wider changes • Set up a "waste warrior" competition in the dinner hall, where children are celebrated for not throwing away food. 	

