

The Felix Project

Learning objective(s) I understand what Felix Project does with surplus food	
Success criteria <ul style="list-style-type: none"> • I understand that Felix Project collects and redistributes food to COs • I understand that Felix Project cooks food and makes meals to prolong the life of food • I understand that cooking can be a creative and exciting process 	
Resources <ul style="list-style-type: none"> • The Felix Project introduction video • Slides • Images of food handout • Foods I have tried/would like to try handout 	Key vocabulary <ul style="list-style-type: none"> • recipe • surplus food • shortage • food waste
Lesson starter (15 mins)	Introduce Felix project Explain that the Felix project work with farms, supermarkets and manufacturers, taking surplus food that isn't going to be used. Felix project take this food and delivers it to people or cook it to make Felix Meals. Watch video Before showing the video ask children to think about the following questions whilst the video is playing and write down the answers: <ul style="list-style-type: none"> • What does the Felix project do to help the environment? (0:24-0:33 mins) • What problems does food wastage cause? (0:49-1:03 mins) • How long does food stay in the Felix project warehouses? (1:28-1:44 mins) • What meals are prepared at the Felix kitchen? (2:33-3:00 mins)
Main teaching and learning task (15 mins)	Explain that sometimes The Felix Project delivers raw ingredients to community organisations and schools, and sometimes the Felix Project will cook the food to make Felix Meals. Explain that in the Felix Kitchen, meals are made everyday out of surprise surplus food like in the video. Display the slide with the fruit and vegetables. In pairs, ask the children to names the fruit and vegetables and describe their flavour and texture using the adjectives on the slide or any others they may choose. The fruits and vegetables in order are: Cabbage, Peach, Banana, Potato, Tomato, Aubergine, Rhubarb, Garlic, Chilli, Cucumber, Onion, Mango, Carrot, Pear, Plantain



Activity (20 mins)	<p>Explain that the children are chefs in Felix's Kitchen. They are going to create their own recipe.</p> <p>Ask them to complete the recipe template including using the adjectives from the main learning task in the description box.</p> <p>Share with The Felix Project so we can tell our chefs what schools would like to see on the menu!</p>
Plenary (5 mins)	<p>In groups ask the children to name:</p> <ul style="list-style-type: none"> • One fruit or vegetable they learnt about today • One fruit of vegetable they would like try • Their favourite fruit or vegetable

